

Are you worried about your ageing mum or dad?



The plug that cares



Looking after your loved ones as they get older is the most natural thing in the world. After all, we want to know that our mum, dad or grandparents are safe and well each day.

#### Iris' story

Iris is 84 and lives a happy, independent life in the home that she loves, with the support of a caring family never far away. Each day her daughter Julie phones or someone calls in to say hello and check that all is well with mum.

For all of us though, that reassuring call has to fit around family life. So it's never too soon to plan ahead and put a safety net in place.

For Iris that safety net is 3rings; the simple plug in device that raised the alarm when she needed help.

One morning, compression fractures in her back left Iris unable to get out of bed. But despite the phone and emergency call button being in reach she didn't raise the alarm.

The story of not being able to reach for help or not wanting to be a burden on the family is familiar. But the 3rings plug is a device that automatically summoned Julie's help when it was needed.

#### How it works

Imagine, just by mum making her morning cup of tea or dad turning on the TV, that all the family get a reassuring message that everything is okay. Or, more importantly an alert that help may be needed.

The 3rings plug, with inbuilt mobile technology, lets you and all your family know that your loved ones are okay each day. Simply plug in with their kettle, TV or almost any electrical mains device and tell 3rings when you want to check that your loved ones are okay.

The 3rings plug then lets you know all is well directly to your tablet, PC or mobile phone, or alerts you by email, texts, calls or push notifications if no activity has been detected.

In the case of Iris, Julie had set 3rings to check that her kettle is used between 6 and 9 each morning. So when Iris couldn't get out of bed to make her morning cup of tea, the family's daily peace of mind message was not received and the red alert came instead.

The family was then on the case and everyone knew that Iris had the help she needed.

Thanks to 3rings, Iris was soon back on her feet and living the life that she values so much, with a simple to use system that didn't let her down.

**If you know somebody like Iris who still wants to enjoy life without intrusion, let 3rings give the whole family confidence and independence.**

For more information about the 3rings plug and how you can get yours:



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