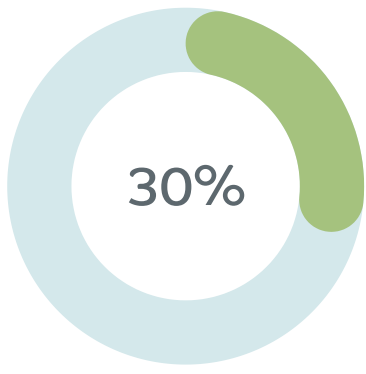
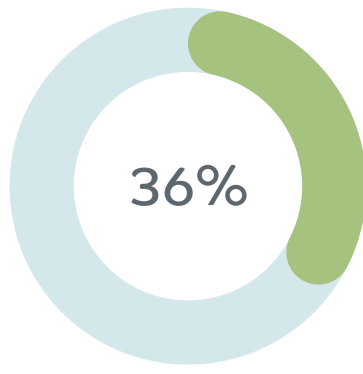


Workplace wellbeing and the return to work

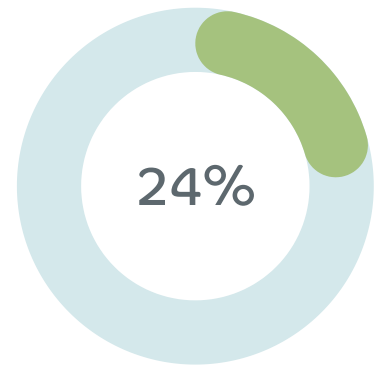
Our Future of Work survey asked 1,500 people across the UK about their working style and wellbeing needs. This World Wellbeing Week, we reveal how employers can support their people and help them to thrive in the new normal.



of employees want more mental health support at work



say flexible working would make the return to work easier



of employees say clearer communication should be a priority

51%

of employees say they're worried about going into work

26%

of companies offer no key wellbeing initiatives



Two thirds (66%) of employees say they would like more wellbeing support from their employer over the coming months. Support was most requested in financial services (73%) and least requested in manufacturing (59%).

Existing support

The most common wellbeing initiatives across all companies are:

- Flexible or remote working
- Policies to support wellbeing
- Mental health support

40% of companies with over 250 employees offer mental health support, compared to just 11% of those with under 50 employees.

37% of the education sector has no wellbeing initiatives in place.

38%

of homeworkers say wellbeing support has boosted productivity



Wellbeing needs by company size

What wellbeing support would be most helpful in the coming months?

Number of employees
 Under 50
 50-249
 250+

