



Follow your head and maximise ROI

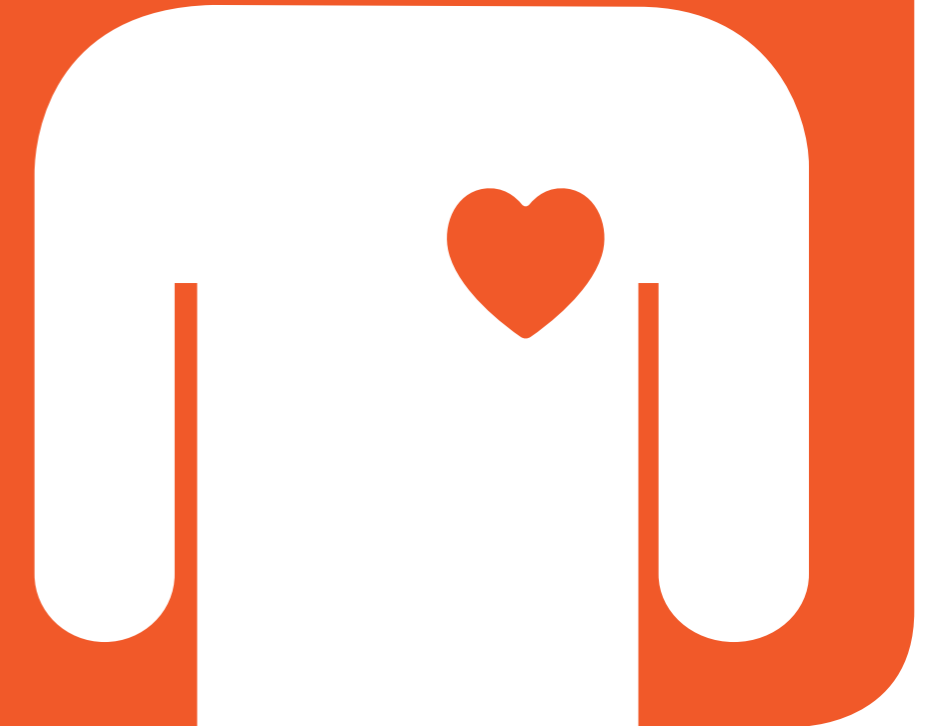
Our award winning health cover will help you

- Rise to the challenge of absenteeism and an ageing workforce
- Attract the top talent and put the brakes on staff turnover
- Improve productivity and see the difference in your bottom line

Follow your heart and reward your staff

Choose the very best health cover to

- Prioritise health and show your people you care
- Reward effort and commitment with award winning cover
- Enhance health and wellbeing benefits cost effectively



Wise heads and caring hearts choose Westfield Health

Identifying the most effective health and wellbeing solution for your company can be daunting. That's why we've put together this handy planner to make it easier for you to get started. You can fill it in with your colleagues or if you would like one of our consultants to help, call us on 0845 605 6530.

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Developing a health & wellbeing plan

What are your organisation's goals?

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What are your current health & wellbeing issues?

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Are there separate employee communities who need different benefits?

Community 1	Community 2	Community 3

Taking the above into consideration, what are your health & wellbeing goals?

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What are your statutory obligations?

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Your chosen benefits by employee community

Community 1	Community 2	Community 3

Tips to help you fill out your plan

Work your way through each of the questions using the tips below as a guide

What are your organisation's goals?

- Business vision and strategy
- Objectives

What are your current health & wellbeing issues?

- Absence rates
- Occupational health cases or health insurance claims
- Employee satisfaction survey results

What are your health & wellbeing goals?

- Consider the issues you've identified
- Align to your organisational goals
- Set SMART objectives

Consider the following statutory obligations

- Health and Safety at Work Act 1974 (HSWA)
- Reporting of Injuries, Diseases & Dangerous Occurrences Regulations 1985 (RIDDOR)
- Management of Health and Safety at Work Regulations 1999
- Health and Safety (Display Screen Equipment) Regulations 1992 (amended 2002)
- Employment Equality Act 2010
- Access to Medical Reports Act 1988
- Your 'duty of care' obligations, including undertaking risk assessments and managing activities to reduce the incidence of stress at work

Consider these possible solutions for each of your different employee communities

Getting better

- Health cash plan
- Occupational health
- Income protection
- Return to work process

Faster access to treatment

- Health cash plan
- Private medical insurance
- Hospital treatment insurance
- Employee assistance programme

Healthy & happy

- Health cash plan
- Health & wellbeing days
- Employee assistance programme
- Stress management
- Gym membership
- Sports teams
- Cycle to work
- Access to healthy snacks

Early diagnosis

- Health cash plan
- Employee assistance programme
- Health risk assessment surveys
- On-site mini health checks



Where to go for further help

Health & Safety Executive - hse.gov.uk
 CIPD - cipd.co.uk
 British Heart Foundation - bhf.org.uk
 MIND - mind.org.uk
 Investors in People - investorsinpeople.co.uk

COHPA - cohpa.co.uk

Or contact your local council, occupational health and health insurance providers