**Coming soon - Healthy Extras from Westfield Health**

Looking after you when it really matters.

We all know the importance of physical exercise, but your emotional wellness is just as important. Sometimes you can face issues that not only affect your quality of life, but the quality of your work too.

Healthy Extras is an essential employee benefit, providing you with access to valuable services to help support your emotional wellbeing.

* **Togetherall -** a safe online space for you to explore things that are troubling you and get the support you need, in confidence.
* **24 Hour Advice and Information Line –** 24/7 telephone access to confidential guidance on medical, legal or domestic issues from qualified advisors.
* **DoctorLine™** - 24/7 telephone access to a practising UK GP.
* **Westfield Rewards** - Access offers and savings on a huge range of goods and services from over 1,000 leading retailers, restaurants and destinations.

Keep your eye out for more information on how to access these services soon.