

Women's health data: The impact on employees

Women's health issues significantly impact the UK economy through increased absenteeism, reduced productivity and worsening employee wellbeing. It's no surprise that 57% of people who struggle with a hormonal or gynaecological condition believe it has harmed their career.

A poll of over 3,000 people by Bloody Good Period found that:



59% of people felt employers should provide more information to all employees.



63% felt that a key thing employers could do is normalise conversations around menstruation.

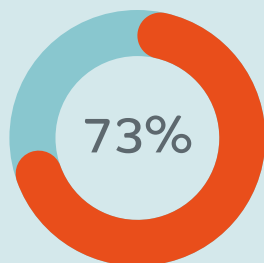
The impact of the menopause



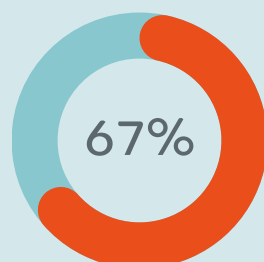
8 in 20 women in employment experience symptoms of menopause.^[1]



1 in 10 women have left a job due to their menopause symptoms.^[2]



73% of women say they have lied when taking a sick day due to a period for fear of being judged by their boss.^[3]



67% of employers said there is no support available for challenges around menstrual health.^[4]

