

We asked 1,600 employees and HR leaders across England about their workplace health and wellbeing.

Here's what they told us...

Coping with Covid



Download the full report:
westfieldhealth.com/resources/coping-with-covid



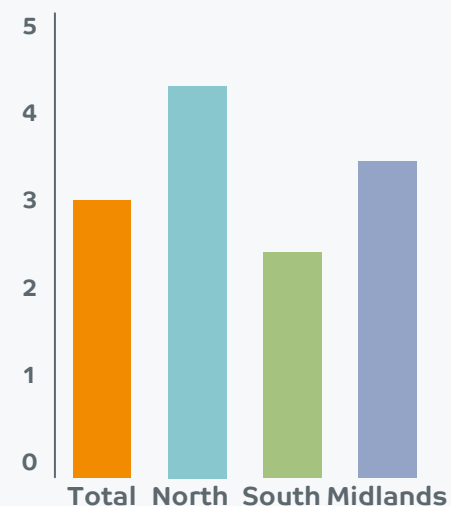
Mental health days off are increasing

10% more days off due to mental health in 2020 compared to 2019

£14 billion total cost to the economy due to mental health absences last year

76% more mental health days off in the North of England than the South

Average mental health days off per employee in 2020, by English region



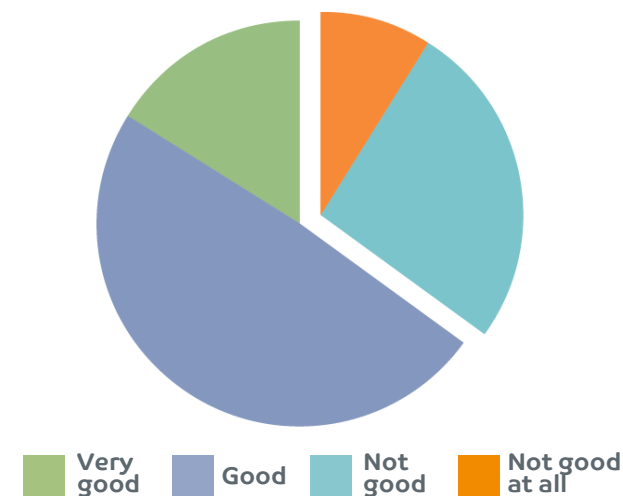
Poor mental health reduces productivity

35% of employees reported poor mental health at their organisation

36% of people say their mental health affects their productivity every week

28% of employees feel less engaged than this time last year

How would you describe mental health at your organisation?



Employees are looking for support

24% of employees want extra workplace wellbeing support in the future

28% of people are looking for long-term changes to the way they work

81% of HR leaders say the pandemic has increased their wellbeing focus

Which, if any, of the following would you like from your employer in the next few months?

