




furloughed employees



Despite colleagues thinking they have an easy ride, those on furlough are battling money worries and declining mental and physical health. Most expect to be back in the office any day, though this group are especially worried about the health risks of returning to work. Though they haven't experienced new ways of working firsthand, they're expecting to see trends like remote working continue.

Experience of furlough

-  **52%** everyone on the team was furloughed
-  **18%** having their pay topped up, only 12% for parents
-  **11%** have an end date from their employer



What have the health impacts been?

-  **Mental Health**
 - 42%** say it's got worse
 - 14%** say it's got much worse
-  **Physical health**
 - 32%** say it's got worse
 - 26%** say it's got better

Why has it got better?

- 79%** more free time
- 72%** less stress/pressure (av. 44%)
- 88%** exercising more
- 42%** cooking from home

Why has it got worse?

- 61%** financial concerns
- 34%** missing usual routine
- 64%** lack of exercise
- 70%** missing usual routine

Colleagues resent those on furlough



Going back to work

Expectations

- 74% expect to be working in July
- 15% would like to be working from home

Pros

- Getting back to normal (77%)
- Financial boost (56%)
- Seeing colleagues (53%)

Cons

- Worried about catching the virus (74%) - highest of all groups
- General workplace stress returning (44%)

Support

- More working from home (56%)
- Extra wellbeing support (26%)
- Long-term changes to ways of working (37%)