Healthcare Professionals

The Healthcare Professional that you choose must be registered with/a member of one of the professional organisations recognised by Westfield Health for you to be eligible to claim on your plan. Registration/membership must be relevant to the treatment/service that they are providing.

Whilst these professional organisations aim to ensure best practice, there is no statutory regulation of these therapies/services. We therefore strongly recommend that you also check whether your chosen Healthcare Professional is adequately trained and holds any necessary liability insurance.

The Healthcare Professional cannot be you, your partner or a member of your family.

For each therapy/service please ensure that your Healthcare Professional is a member of/registered with:

<table>
<thead>
<tr>
<th>Acupressure</th>
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<tbody>
<tr>
<td>Association of Physical and Natural Therapists (APNT)</td>
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<tr>
<td>British Acupuncture Council (BAcC)</td>
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<tr>
<td>British Association of Beauty Therapy &amp; Cosmetology (BABTAC)</td>
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<tr>
<td>British Complementary Medicine Association (BCMA)</td>
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<td>British Medical Acupuncture Society (BMAS)</td>
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<tr>
<td>British Register of Complementary Practitioners (BRCP)</td>
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<tr>
<td>Federation of Holistic Therapists (FHT)</td>
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<tr>
<td>Institute for Complementary and Natural Medicine (ICNM)</td>
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<th>Allergy Testing and Food Intolerance Testing</th>
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<tr>
<td>British Association for Applied Nutrition and Nutritional Therapy (BANT)</td>
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<td>British Complementary Medicine Association (BCMA)</td>
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<tr>
<td>British Institute for Allergy and Environmental Therapy</td>
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<td>Complementary and Natural Healthcare Council (CNHC)</td>
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<td>General Pharmaceutical Council (GPhC)</td>
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<td>Nursing and Midwifery Council (NMC)</td>
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<td>Nutritional Therapy Council (NTC)</td>
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<td>General Regulatory Council for Complementary Therapies (GRCCT)</td>
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<tr>
<td>International Council of Holistic Therapists (ICHT)</td>
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<tr>
<td>International Federation of Aromatherapists (IFA)</td>
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<td>International Federation of Professional Aromatherapists (IFPA)</td>
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<tr>
<td>International Holistic Aromatherapy Foundation (IHAF)</td>
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</table>
## Hypnotherapy

- Association for Professional Hypnosis and Psychotherapy (APHP)
- British Complementary Medicine Association (BCMA)
- British Hypnotherapy Association (BHA)
- British Institute of Hypnotherapy (BIH)
- British National Register of Advanced Hypnotherapists (NRAH)
- British Register of Complementary Practitioners (BRCP)
- British Society of Clinical and Academic Hypnosis (BSCAH)
- British Society of Clinical Hypnosis (BSCH)
- Clinical and Therapeutic Hypnosis Association (CTHA)
- Complementary and Natural Healthcare Council (CNHC)
- Complementary Therapists Association (CThA)
- Federation of Holistic Therapists (FHT)
- General Hypnotherapy Register (GHR)
- Hypnotherapy Association (HA)
- Hypnotherapy Society (HS)
- Institute for Complementary and Natural Medicine (ICNM)
- National Council for Hypnotherapy (NCH)
- National Guild of Hypnotherapists (NGH)
- National Register of Hypntherapists and Psychotherapists (NRHP)
- National Society of Professional Hypnotherapists (NSPH)
- UK Confederation of Hypnotherapy Organisations (UKCHO)
- Working Group for Hypnotherapy Regulation
- World Federation of Hypnotherapists (WFH)

## Indian Head Massage

- Association of Light Touch Therapists (ALTT)
- Association of Physical and Natural Therapists (APNT)
- British Association of Beauty Therapy & Cosmetology (BABTAC)
- British Complementary Medicine Association (BCMA)
- British Register of Complementary Practitioners (BRCP)
- Complementary and Natural Healthcare Council (CNHC)
- Complementary Therapists Association (CThA)
- Federation of Holistic Therapists (FHT)
- General Council for Massage Therapies (GCMT)
- Institute for Complementary and Natural Medicine (ICNM)
- International Council of Holistic Therapists (ICHT)
- National Association of Massage & Manipulative Therapists (NAMMT)
- Scottish Massage Therapists Organisation (SMTO)

## Nutritional Therapy

- British Association for Applied Nutrition and Nutritional Therapy (BANT)
- British Association of Beauty Therapy & Cosmetology (BABTAC)
- British Complementary Medicine Association (BCMA)
- British Register of Complementary Practitioners (BRCP)
- Complementary and Natural Healthcare Council (CNHC)
- Complementary Therapists Association (CThA)
- Federation of Holistic Therapists (FHT)
- Federation of Nutritional Therapy Practitioners (FNTP)
- Institute for Complementary and Natural Medicine (ICNM)
- Nutritional Therapy Council (NTC)
### Reflexology

- Association of Light Touch Therapists (ALTT)
- Association of Physical and Natural Therapists (APNT)
- Association of Reflexologists (AoR)
- British Association of Beauty Therapy & Cosmetology (BABTAC)
- British Complementary Medicine Association (BCMA)
- British Reflexology Association (BRA)
- British Register of Complementary Practitioners (BRCP)
- Centre for Clinical Reflexology (CCR)
- Clinical Association of Reflexologists (CAR)
- Complementary and Natural Healthcare Council (CNHC)
- Complementary Therapists Association (CThA)
- Federation of Holistic Therapists (FHT)
- General Regulatory Council for Complementary Therapies (GRCCT)
- Institute for Complementary and Natural Medicine (ICNM)
- International Council of Holistic Therapists (ICHT)
- International Federation of Reflexologists (IFR)

### Reiki

- Association of Light Touch Therapists (ALTT)
- British Association of Beauty Therapy & Cosmetology (BABTAC)
- British Complementary Medicine Association (BCMA)
- British Register of Complementary Practitioners (BRCP)
- Complementary and Natural Healthcare Council (CNHC)
- Complementary Therapists Association (CThA)
- Federation of Holistic Therapists (FHT)
- General Regulatory Council for Complementary Therapies (GRCCT)
- Institute for Complementary and Natural Medicine (ICNM)
- International Council of Holistic Therapists (ICHT)
- Reiki and Seichem Association (RASA)
- Reiki Healers and Teachers Society (RHATS)
- UK Reiki Federation

### Sports Massage

- Association of Chartered Physiotherapists in Sports Medicine (ACPSM)
- Association of Physical and Natural Therapists (APNT)
- British Association of Beauty Therapy & Cosmetology (BABTAC)
- British Register of Complementary Practitioners (BRCP)
- Complementary and Natural Healthcare Council (CNHC)
- Complementary Therapists Association (CThA)
- Federation of Holistic Therapists (FHT)
- General Chiropractic Council (GCC)
- General Council for Massage Therapies (GCMT)
- General Osteopathic Council (GOsC)
- General Regulatory Council for Complementary Therapies (GRCCT)
- Institute for Complementary and Natural Medicine (ICNM)
- Institute of Sport & Remedial Massage (ISRM)
- International Council of Health, Fitness & Sports Therapists (HFST)
- National Association of Massage & Manipulative Therapists (NAMMT)
- Physiotherapist registered with the Health Professions Council (HPC)
- Scottish Massage Therapists Organisation (SMTO)
- Society of Sports Therapists (SST)
- Sports Massage Association (SMA)
- Sports Therapy Organisation (STO)