## WELLBEING AND ALTERNATIVE THERAPIES DEFINITIONS

## **Healthcare Professionals**

The **Healthcare Professional** that **you** choose must be registered with/a member of one of the professional organisations recognised by Westfield Health for **you** to be eligible to claim on **your plan**.

Registration/membership must be relevant to the treatment/service that they are providing.

Whilst these professional organisations aim to ensure best practice, there is no statutory regulation of these therapies/services. We therefore strongly recommend that **you** also check whether **your** chosen **Healthcare Professional** is adequately trained and holds any necessary liability insurance.

The Healthcare Professional cannot be you, your partner or a member of your family.

For each therapy/service please ensure that your Healthcare Professional is a member of/registered with:

Acupressure
Association of Physical and Natural Therapists (APNT)
British Acupuncture Council (BAcC)
British Association of Beauty Therapy & Cosmetology (BABTAC)
British Complementary Medicine Association (BCMA)
British Medical Acupuncture Society (BMAS)
British Register of Complementary Practitioners (BRCP)
Federation of Holistic Therapists (FHT)
Institute for Complementary and Natural Medicine (ICNM)
Allergy Testing and Food Intolerance Testing
British Association for Applied Nutrition and Nutritional Therapy (BANT)
British Complementary Medicine Association (BCMA)
British Institute for Allergy and Environmental Therapy
Complementary and Natural Healthcare Council (CNHC)
General Pharmaceutical Council (GPhC)
Nursing and Midwifery Council (NMC)
Nutritional Therapy Council (NTC)
Aromatherapy
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Aromatherapy         Aromatherapy and Allied Practitioners' Association (AAPA)         Association of Physical and Natural Therapists (APNT)         British Association of Beauty Therapy & Cosmetology (BABTAC)         British Complementary Medicine Association (BCMA)         British Register of Complementary Practitioners (BRCP)         Complementary and Natural Healthcare Council (CNHC)
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Hypnotherapy
Association for Professional Hypnosis and Psychotherapy (APHP)
British Complementary Medicine Association (BCMA)
British Hypnotherapy Association (BHA)
British Institute of Hypnotherapy (BIH)
British National Register of Advanced Hypnotherapists (NRAH)
British Register of Complementary Practitioners (BRCP)
British Society of Clinical and Academic Hypnosis (BSCAH)
British Society of Clinical Hypnosis (BSCH)
Clinical and Therapeutic Hypnosis Association (CTHA)
Complementary and Natural Healthcare Council (CNHC)
Complementary Therapists Association (CThA)
Federation of Holistic Therapists (FHT)
General Hypnotherapy Register (GHR)
Hypnotherapy Association (HA)
Hypnotherapy Society (HS)
Institute for Complementary and Natural Medicine (ICNM)
National Council for Hypnotherapy (NCH)
National Guild of Hypnotherapists (NGH)
National Register of Hypnotherapists and Psychotherapists (NRHP)
National Society of Professional Hypnotherapists (NSPH)
UK Confederation of Hypnotherapy Organisations (UKCHO)
Working Group for Hypnotherapy Regulation
World Federation of Hypnotherapists (WFH)
Indian Head Massage
Association of Light Touch Therapists (ALTT)
Association of Physical and Natural Therapists (APNT)
British Association of Beauty Therapy & Cosmetology (BABTAC)
British Complementary Medicine Association (BCMA)
British Register of Complementary Practitioners (BRCP)
Complementary and Natural Healthcare Council (CNHC)
Complementary Therapists Association (CThA)
Federation of Holistic Therapists (FHT)
General Council for Massage Therapies (GCMT)
Institute for Complementary and Natural Medicine (ICNM)
International Council of Holistic Therapists (ICHT)
National Association of Massage & Manipulative Therapists (NAMMT)
Scottish Massage Therapists Organisation (SMTO)
Nutritional Therapy
British Association for Applied Nutrition and Nutritional Therapy (BANT)
British Association of Beauty Therapy & Cosmetology (BABTAC)
British Complementary Medicine Association (BCMA)
British Register of Complementary Practitioners (BRCP)
Complementary and Natural Healthcare Council (CNHC)
Complementary Therapists Association (CThA)
Federation of Holistic Therapists (FHT)
Federation of Nutritional Therapy Practitioners (FNTP)
Institute for Complementary and Natural Medicine (ICNM)
Nutritional Therapy Council (NTC)

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